

End. 10.1
Oct. 28, 2010

HCS D Board Members:

Brian Lynch, Pres., Michael Buck, VP, Rose Apgar,
Mark Brinthaupt, Mary Anne Holleran, James
Jacobus, John Lively, Ruth Miller, Pamela Strollo,
and Student Rep. Daniel Strack

Central Administrative Team:

Ralph Marino, Jr., Ed.D., Superintendent
Alice Learn, Assistant Superintendent
Judy Christiansen, Human Resources, Dir.
Mike Stuart, School Business Admin.
Kim Williams, Student Servs. Director

**HORSEHEADS CENTRAL SCHOOL DISTRICT
BOARD OF EDUCATION**

Athletics and Extracurricular Activities Committee Meeting

**OCT. 4, 2010, 7:00 P.M.
SUPERINTENDENT'S OFFICE CONFERENCE ROOM**

Meeting Minutes

1. Meeting was called to order at 7:08 PM by Mr. Lively, followed by the Pledge of Allegiance.

2. **IN ATTENDANCE -**

Pam Strollo, Jim Jacobus, John Lively (chair),
Scott Williams, and Ralph Marino, Jr. (ABSENT: Ruth Miller)

3. **PRESENTATIONS (if needed) - none**

4. **DISCUSSION ITEMS**

4.1 Future meeting dates for the 2010-2011 year were decided as follows:

- Nov. 8 @ 4 PM
- Jan. 11 @ 5 PM
- Mar. 15 @ 5 PM
- May 10 @ 5 PM

4.2 Committee goals for the 2010-2011 year were decided:

- Conduct annual review of the Athletic Code of Conduct by May 10, 2011
- Conduct annual review of the Extracurricular Code of Conduct by May 10, 2011
- Review state of repair of athletic and extracurricular facilities by May 10, 2011

4.3 Off Premises Party Held After Homecoming Dance

Athletic Director Scott Williams gave the committee a briefing on a gathering of students that occurred at a private residence the night of the homecoming dance. Reports indicated, and Mr. Williams confirmed, that alcoholic beverages were present along with multiple student athletes, in violation of the Athletic Code of Conduct. Consequently a number of students were suspended from participating in interscholastic sports, for periods up to ten weeks.

4.3 Injury reports update

Athletic Director Scott Williams provided the committee with injury statistics for varsity, junior varsity, and modified sports programs for the 2009-2010 academic year. A total of 69 injuries were reported, 23 by female athletes, 46 by male athletes, out of 1247 athletes in total. Of the 69 injuries, 23 were suspected/possible concussions, 15 among football players and the rest split between boys and girls soccer and girls lacrosse. The district's concussion monitoring program was discussed. (add attachment)

(over)

5. GOOD OF THE ORDER – Mr. Williams reported that his first 'chat with the Athletic Director' September 27 was attended by four community members and lasted more than 2 hours, with good discussion and feedback received.

6. EXECUTIVE SESSION (if needed) - none

7. ADJOURNMENT – motion to adjourn by Ms. Strollo, seconded by Mr. Jacobus at 8:13 PM

UPCOMING meeting schedule for the Athletics and Extracurricular Committee (all held in the Supt's. Conf. Room):
Nov. 8 @ 4 PM; Jan. 11 @ 5 PM; Mar. 15 @ 5 PM; May 10 @ 5 PM.

Cmk

c: Brian Lynch, Mike Buck, Ralph Marino, Jr., Judy Christiansen, and Susan Pirozzolo

Athletic Injuries

2009-2010

		Girls	Boys
Cheerleading:	nose bleed, tumbling (2), arm to face	4	
Cross Country:	hamstring strain, knee pain	2	
Football:	concussion (15), neck pain, knee to chest, hand fracture, knee pain (2), hip flexor, foot sprain (3), nose bleed, shoulder (3)		28
Girls Soccer:	concussion (3), knee pain (2), ankle pain (2), ball to face (2)	9	
Boys Soccer:	concussion (2), elbow laceration, bee sting		4
Swim/Diving:	right arm (diver hit board)		1
Boys Volleyball:	right ankle		1
Girls Volleyball:		0	
Boys Basketball:	ankle sprain		1
Girls Basketball:	forearm to face, ring finger jammed, wrist fall, strained back	4	
Baseball:	nose bleed		1
Softball:	Foul ball on foot	1	
Boys Lax:	Thumb, wrist injury		2
Girls Lax:	knee pain, concussion (3)	3	
Wrestling:	shoulder (2), head/tooth, concussion, collarbone, knee pain		6
Track:	hurdle fall, weight lifting/tooth		2
		Total	23 46

(over)

Notes:

1. I do not see a particular pattern. However, the number of concussions, this past season in football is substantial. I believe it is due to an increase of awareness and the assistance of our team trainer who comes out to every activity as best as possible. There is more conversation about what to do and a feeling of liability that is more prevalent than ever.
2. The number of helmets that are replaced due to 'aging out' or shelf life is 10-15 per year. This year we will lose 18 Riddell helmets. We have replaced 12 new ones last year and have purchased 10 new ones this year to help offset the difference.
3. Concussions are often not reported until after the injury has happened, sometimes hours and even days later. I have explained to the coaching staff to follow the concussion management plan and I continue to review and remind all to adhere to it, for the safety of our children. Accident reports are sent in fairly quickly as well. I explain that the injury is something we can't afford to mess around with and the coaches realize they are liable if they are not timely in turning in the accident reports.
4. All other injuries are fairly commonplace. I believe that are kids don't get enough sleep nor always do proper "warmups and cooldowns". These two important aspects of training are critical to improved performance as well as injury prevention too.