

Encl. 11.1
NOV. 17, 2016

Attached Form E 1

TEACHER PETITION FOR OVERNIGHT FIELD TRIP

- I. Group (Sponsor) Horseshoe Swimming + Diving Team
- II. Field Trip Supervision Jared Zembek / Eric Wiakky
- III. Purpose Swimming + Diving Competition
- IV. Number of Students 28
- V. Dates Fri Jan 20 - SAT Jan 21 2017
- VI. Means of Transportation Charter bus
- VII. I would like to meet with you by _____ to discuss supervision arrangements.

Note: A copy of the letter to parents must be submitted to the administrator prior to approval of the field trip.

Note: A post field trip conference will be scheduled upon your return.

Bus transportation (if necessary) confirmed with: _____

Date: _____

Approved: [Signature] Date: 11/1/16
(Building Principal)

Approved: [Signature] Date: 11/2/16
Dr. Thomas G. Douglas

Itinerary for The Boys Swimming and Diving Trip to Long Island

Friday, January 20th

Depart HHS at 12:00

*Make sure you bring the stuff you need to the pool that morning

*Bring a packed lunch because we're not stopping for food on the way down

Arrive at the Hotel at 5:00

Holiday Inn Westbury

Director of Sales

Holiday Inn Westbury - Long Island

369 Old Country Road, Carle Place, NY, 11514

P: 516-213-9120

Check into the Hotel and relax for a little while.

Dinner at 6:00-6:30

Olive Garden

1246 Old Country Rd

Westbury, NY, 11590

(516) 683-3377

Please bring \$15 for Dinner.

*Spaghetti and Meatballs, breadsticks, salad, and a drink

*If you have an issue with this food you can get your own. I'm asking all swimmers/divers to stick to this meal if possible.

Return to Hotel 8:30

*Team meeting 8:45

*In Hotel Rooms at 9:00pm for the evening

*Checks will be conducted regularly

Saturday, January 21st

Breakfast at the hotel at 7:00am. The breakfast will be covered by the fundraising our team did this year. Leave from the Hotel for the swim meet at 7:45am. Athletes need to be packed and ready to go before breakfast.

Swim Meet

***Nassau County Aquatic Center**

Eisenhower Park

Merrick Avenue

East Meadow, NY 11554

Diving Warm Ups and Swimming Warm ups 8:00am

Meet starts at 9:45am. Swimming and Diving are done at the same time.

We will leave for home after the meet. All athletes will travel on the bus at all times.

**L.I. Swim Coaches Association
Walter Olsewski, President
24 Timber Trail lane
Medford N.Y. 11763
(p) 631-924-0239
© 631-664-7368
(f) 718-862-8020
(e-mail) walterolsewski@gmail.com**

**Chairman of Bd. Of Trustees
Peter Hugo**

**Trustees
Matt McGrane
Brian Washington
Bob Kollar**

June 2016

Dear Swim Coach,

Please find enclosed the flyer on our annual Eastern States Meet. Next year's meet will be Saturday January 21, 2017. It will be at the Nassau County Aquatic Center as usual. We are hoping 'lightning does NOT strike again' in the form of snow.

No one felt as bad as I did with having to cancel the meet after 32 straight years.

We are limiting the amount of full teams to 28. Please try and start getting your schools to work on the Certificate of Insurance. The COI is the form that Jimmy at the Aquatic Ctr is most interested in. Once it has been done by your Business office PLEASE e-mail me it at walterolsewski@gmail.com. Do NOT use the manhattan.edu e-mail as I am no longer head coach at the college and they are discontinuing that e-mail address as of 1 July 2016. You may also mail it to me at:

Walter Olsewski
LI Swim Coaches Assoc.
24 Timber Trail Lane
Medford NY 11763

The roster can be e-mailed to me in the fall when you get it set up. I would appreciate it no later than Wed Jan. 11, 2017 as I must send that to the t-shirt company so they can set up the t-shirt and sweatshirts for sale on meet day.

Entry fee stays the same as 2016 - ~~\$420.00~~. Check made payable to: **LI Swim Coaches Association** and sent to me at address above.

We will use the **DirectAthletics.com** site as entry site with all entries due by Monday Jan. 16, 2017. Diving entries as usual e-mailed (no paper please) to RMASTERS@OPTONLINE.NET / Dive entries must be received by Wed Jan. 18, 2017.

Please adhere to all event entry restrictions, including diving.

Enjoy the summer, . . .

Walter Olsewski 631-664-7368 (cell)

33rd Eastern States Swim & Dive Championships Saturday Jan. 21,2017

Nassau Aquatic Center, East Meadow, Long Island

Warm-Ups: Diving & Swimming 8am. Start of Meet 10:00am

Events: Identical to High School Meet with Entry Limits

Awards : Relays & Individual events 1st thru 8th place. Team Awards 1st,2nd 3rd place + MVP award

Scoring: to 20 places with relays scoring double points

Sanctioning: Public & Private in New York,New Jersey,Connecticut ,Massachusetts & Rhode Island

Deadline to confirm participation: Wednesday January 4th,2017

Team Limit: meet will be limited to first 28 teams that confirm participation.

VERY IMPORTANT NOTICE ON INSURANCE REQUIREMENTS

Comprehensive General Liability, showing Bodily Injury & Property Damage coverage for the operations of the high school with limits of \$3,000,000 per occurrence combined limit. A COI is to be issued to the County of Nassau on an acceptable form which shows that the coverage has been obtained and that the County of Nassau will given 10 days notice of cancellation. *The following shall be indicated on certificate::*

Description of Operations:

Coverage certified above extends to include the certificate holder as additional insured as respects the operations of the named insured. The County of Nassau, its officials, employee's volunteers, agencies and representatives are included as an additional insured under the Commercial General Liability and Excess/Umbrella Liability policies . A waiver of subrogation is granted in the favor of the County of Nassau.

LOCATION:

Nassau County Aquatic Center

The County of Nassau

1550 Franklin Avenue

Mineola, N.Y. 11501

This certificate **MUST** be received from each school participating in the meet no later than Saturday January 14,2017. If a COI is not received then that school or schools will not be allowed to participate. This is a non-negotiable item. Certificate can be emailed to Walter Olsewski,President @ walterolsewski@gmail.com. They also can be mailed to: Walter Olsewski,24 Timber Trail Lane, Medford NY 11763. If you plan to participate get started early so that will ensure receipt of COI by LISCA.

ENTRY FEE: \$420.00 per team. Check payable to: LONG ISLAND SWIM COACHES ASSOCIATION.

Mail check to: Walter Olsewski,Pres,LI Swim Coaches Association, 24 Timber Trail Lane, Medford NY 11763.

ROSTERS

A full roster of each team **MUST** be received by the Assoc. no later than Wed Jan. 11,2017.Rosters can be e-mailed to walterolsewski@gmail.com

NOTICE OF PARTICIPTION

TEAM _____ COACH _____ E-MAIL: _____

CELL PHONE _____ HOME ADDRESS _____

e-mail this NOTICE OF PARTICIPTION to: walterolsewski@gmail.com

MEET RESTRICTIONS

200 Med Relay (cap at 60 teams- 6 heats), 200 Fr Relay (cap at 70 teams - 7 heats), 400 Fr Relay (cap at 60 teams - 6 heats). Maximum 3 relays per event per team. Top time automatically goes in final 3 heats of each of the 3 relays.

RELAY GUARANTEE - each school will be guaranteed ONE(1) relay entry in each of the 3 relay events regardless of entry time. 200 Free, 200 I.M. & 500 Free - Maximum of 6 heats for each of these 3 events. 50 FREE, 100 FLY, 100 FREE, 100 BACK & 100 BREAST - - a limit of 6 per team for these 5 events.

DIVING: Max of 4 divers per team (either 6 dive or 11 dive participants). Only 11 dive meet divers score points.

Each swimmer/diver may enter a max of 4 events with no more than two being individual. No extra divers permitted. Heat sheets will be made up on Sat Jan. 21st as soon as all scratches are given into Peter Hugo.

Diving entries must be e-mailed to MUSH MASTERS @ RMasters@OPTONLINE.NET Sheets are not needed. Only name, Dive #, position and DD. Specify whether dive is voluntary or optional. Deadline for receipt of dive info is Wednesday Jan. 18, 2017 by 12:00pm. Each submitted dive entry **MUST** have name of diving coach and cell phone at top of page.

Individual participants are charged as follows: 1 swimmer/diver - \$40, 2 - \$75, 3 - \$110, 4 - \$140, 5 - \$175 , 6 - \$210 and 7 \$250.00.

PLEASE NOTE: Fly-overs will be used for all events except the 200 Med and 100 back.